TVCCA SENIOR CAFÉ JUNE 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% milk and whole grain bread are served with each meal. Menu is subject to change without notice	12		1 Stuffed Chicken w/ broccoli & cheese Roasted Potatoes Green Beans Fruit Cocktail	2
5	6 Meatballs Marinara Grinder Roll w/ cheese Green Beans Fresh Apple	7 Braised Pork w/ herb sauce Yellow Rice & Black Beans Mixed Vegetables Sweet Treat & Juice <u>Ethnic Celebration</u>	8 Chicken Stew Paprika Potatoes Broccoli Florets Applesauce Cup	9
12	13 Cheese Manicotti w/marinara Stewed Chickpeas Green Beans Pears /w mandarin oranges	14 Pesto Grilled Chicken Rice Pilaf Spring Vegetable Mix Birthday Treat & Juice Birthday Celebration	15 Salisbury Steak w/ gravy Mashed Potatoes Stewed Tomatoes Applesauce Cup	16
19 HAPPY FATHER'S DAY	20 Chicken Sausage & Peppers Grinder Roll & Cheese Zucchini Pineapple Tidbits	21 Smoked Beef Brisket Corn on the Cob Coleslaw; Dinner Roll Strawberry Shortcake Father's Day Special Meal	22 Crispy Cod Macaroni & Cheese Capri Vegetables Peaches	23
26	27 Beef & Bean Chili Baked Potato & Shredded Cheese Mixed Vegetables Fresh Orange	28 Chicken Alfredo Primavera Penne Pasta Peas and Pearl Onions Sweet Treat & Juice	29 Stuffed Shells Garlic Tomato Cannellini Beans Zucchini Pineapple Tidbits	30