



# TVCCA SENIOR CAFE MENU ~ NOVEMBER 2018

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p><u>TVCCA Senior Nutrition Program</u>              81 Stockhouse Road              Bozrah, CT 06334              860-886-1720              (24hr voice mail available)                www.tvcca.org</p>	<p><b>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</b></p>		<p><b>1</b>              Philly Cheese Steak w/ roll              Tater Tots              Broccoli              Fresh Fruit</p>	<p><b>2</b></p>
<p><b>5</b></p>	<p><b>6</b>              Cheese Omelet              Home Fries              Stewed Tomatoes              Diced Peaches</p>	<p><b>7</b>              Pot Roast w/ gravy              Mashed Potatoes              Squash Mix w/ carrots &amp; string beans              Fresh Orange    <u>Add-on: Chicken Noodle Soup</u></p>	<p><b>8</b>              Herb &amp; Tomatoes Haddock              Penne Pasta w/ marinara              Green Beans              Applesauce Cup</p>	<p><b>9</b></p>
<p><b>12</b>  <b>Veterans Day Holiday</b>      <b>Senior Nutrition Program Closed</b></p>	 <p><b>13</b>              _BQ Chicken Drumsticks              Herb Roasted Potatoes              Zucchini              Fresh Fruit</p>	<p><b>14</b>  <u><b>Thanksgiving Celebration Meal</b></u>  <b>Roasted Turkey w/ Stuffing , Gravy &amp; cranberry sauce</b>  <b>Butternut Squash</b>  <b>Green Beans</b>  <b>Whole Wheat Roll</b>  <b>Pumpkin Pie &amp; Juice</b>  <u>Add-on: vegetarian Bean &amp; Spinach Soup</u>  </p>	<p><b>15</b>              Chicken Sausage &amp; Peppers              Bow Tie Pasta w/ marinara              Peas &amp; Carrots              Fruit Cocktail</p>	<p><b>16</b></p>
<p><b>19</b></p>	<p><b>20</b>              Cheese Manicotti w/ marinara and Italian Sausage              Green Beans              Yellow Squash w/ oregano              Fruit Cocktail</p>	<p><b>21</b>              Boneless Pork Loin w/ roasted apples              Israeli Couscous              Zucchini, Peas, &amp; Carrots              Sweet Treat &amp; Juice    <u>Add-on: Chicken Noodle Soup</u></p>	<p><b>22</b>  <b>Thanksgiving Holiday</b>    <b>Senior Nutrition Program Closed</b></p>	<p><b>23</b></p>
<p><b>26</b></p>	 <p><b>27</b>              Crispy Cod Patty              Macaroni &amp; Cheese              Snap Peas              Applesauce Cup</p>	 <p><b>28</b>  <u><b>Ethnic Celebration</b></u>              Hungarian Goulash              Egg Noodles              Broccoli, Wax Beans, Carrots              Sweet Treat &amp; Juice    <u>Add-on: Rustic Onion Soup</u></p>	<p><b>29</b>              Western Omelet              Shredded Herb Potatoes              Peas &amp; Pearl Onions              Pears</p>	<p><b>30</b></p>