

POMFRET SENIOR CENTER

October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 –Yoga 11:30 –Lunch 12 –Line Dance **Cribbage**	2	3
4	5	6 10 –Coffee and Cards 11:30 -Lunch 12 –Senior Ass. Meeting	7 10 -Puzzles 11:30 -Lunch 12 – Trivia with John	8 10:30 –Yoga 11:30 -Lunch 12 –Bingo with John	9	10
11	12	13 10 –Coffee and Cards 11:30 -Lunch 12 –WII Bowl **Pitch**	14 10 – Puzzles 11:30 -Lunch 12 –Classic Laughs	15 10:30 –Yoga 11:30 -Lunch 12 –Line Dance **Cribbage**	16	17
18	19	20 10 –Coffee and Cards 11:30 -Lunch 12- NDDH- Brittany Otto	21 10 –Puzzles 11:30 - Lunch 12 –WII bowling	22 10:30 – Yoga 11:30 – Lunch 12 – Bingo with John	23	24
25	26	27 10 – BP w/ Judy Hanson 11:30 -Lunch 12 –WII Bowl **Pitch**	28 10 –Flu Clinic- Judy Hanson 11:30 -Lunch 12 –Carving Pumpkins	29 10:30 – Yoga 11:30 - Lunch 12 –Book Club **TEEG Holiday Helpers**	30	31

PHONE NUMBER – 860-928-7459

Address: 207 Mashamoquet Road, Pomfret, 06258