TVCCA CAFÉ MENU OCTOBER 2017

FDTNAV

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Swedish Meatballs Buttered Noodles Chuck wagon vegetables Fresh Orange	4 Philly Cheese Steak w/ roll Tater Tots Capri Vegetable Medley Sweet Treat & Juice	5 Baked Haddock w/ corn salsa Yellow Rice & Black Beans Green Beans Peach Cup	6
9 Closed: Columbus Holiday	10 Teriyaki Beef & Broccoli Steamed Rice Oriental Vegetables Fruit Cocktail Ethnic Celebration	11 Chicken Cordon Blue Roasted Potatoes Italian Vegetable Medley Sweet Treat & Juice	12 BBQ Pulled Pork on roll Egg Noodles Chuck Wagon Vegetables Pineapple Cup	13
16	Cheese Omelet Home Fries Peas Pears w/ mandarin oranges	Salisbury Steak w/ gravy Buttered Shells Green Beans & Diced Tomatoes Sweet Treat & Juice	Beef Hot Dog w/ bun Baked Beans Mixed Vegetables Fresh Orange	20
23	24 Lemon Herb Haddock Scalloped Potatoes Green Beans Applesauce Cup	25 Chicken Masala Rice Pilaf Mixed Vegetables Birthday Sweet Grape Juice . Birthday Celebration.	26 Beef Stew w/ diced vegetables Brown Rice Peas & Pearl Onions Pineapple Cup	27
30	31 Oktoberfest Celebration Meal Bratwurst w/ sauerkraut German Potato Salad Braised Red Cabbage Apple Crop Happy Halloween		1% milk and whole grain bread are served with each meal. Menu is subject to change without notice	Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720 (24hr voice mail available)