TVCCA CAFÉ MENU ~ SEPTEMBER 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <u>Labor Day Holiday</u> Program closed	4 Chicken Stew w/ diced vegetables Paprika Potatoes Green Beans Fresh Fruit	5 <u>Birthday Celebration</u> Baked Haddock w/ corn salsa Yellow Rice & Black Beans Chuck Wagon Vegetables Birthday Sweet; Orange Juice	6 Chicken Parmesan Penne Pasta Zucchini & Yellow squash Applesauce Cup	7
		Or: Salad Choice: Chopped Cobb Salad		
10	11 Meatballs Marinara 6" Grinder Roll & mozzarella cheese Italian Vegetable Medley Sweet Treat & Grape Juice	BBQ Chicken Drumsticks Baked Beans Peas & Carrots Pineapple Tidbits Or: Salad Choice: Classic Egg Salad	13 Ethnic Celebration Chicken Soft Tacos w/ cheddar cheese & flour tortilla Spanish Rice Chuck Wagon Vegetables Applesauce Cup	14
17	18 Stuffed Chicken Cordon Bleu Rice Pilaf Capri Vegetable Blend Pears w/ mandarin Oranges	19 <u>Labor Day Celebration Meal</u> Pub Burger w/ roll & Beef Hot Dog w/ bun Baked Beans Zucchini & Yellow Squash Cornbread; Watermelon <u>Or: Salad Choice:</u> Tuna, tomato & Tarragon Salad	Swedish Meatballs Egg Noodles Scandinavian Vegetable Blend Pineapple Tidbits	21
24	25 Crispy Cod Patty Macaroni & Cheese Stewed Tomatoes Diced Peaches	26 Salisbury Steak w/gravy Mashed Potatoes Mixed Vegetables Sweet Treat & Grape Juice Or: Salad Choice: Mediterranean Salad w/ grilled Salmon	27 Western Omelet Home Fries Peas & Pearl Onions Fruit Cocktail	28
		1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.		Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720 (24hr voice mail available) www.tvcca.org