

Pomfret Senior Center Activity Calendar

General Hours: 12-4 pm Tuesday 12-6 pm Wed.*, Th., Fri. Phone: 860-928-7459

Hours vary with posted activities

~ March 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Key Gym 10 am Food Pantry 5:30-6:30 CENTER CLOSED	4 Sr. Association Mtg. 12:00 \$5.00 or bring (appetizer pot luck) Cribbage 1:00	5 Fitness Class 9am Dominoes 2:00 Program Comm.Mtg. 10:00 am @ Seely Brown	6 OPEN SEW 9:30-12 noon Bingo for Fun 1:30 Cards/Games	7 Key Gym10am Movie at 1:30 "Forrest Gump" QUILTING CLASS 6pm-8:30	8
9	10 Key Gym 10 am Food Pantry 5:30-6:30 CENTER CLOSED	11 Food Pantry 11:30-12:30 Cribbage 1:00	12 Fitness Class 9am Dominoes 2:00	13 OPEN SEW 9:30-12 noon Bingo for Fun 1:30 Cards/Games	14 Key Gym10am BISTRO LUNCH 12:00 Movie at 1:30 "The Green Mile" 5:00 Cornd Beef Dinner @ Seely Brown OPEN SEW 6pm-8:30	15
16	17 Key Gym 10 am Food Pantry 5:30-6:30 CENTER CLOSED	18 TEEG 12:00 DKH on strokes Food Pantry 11:30-12:30 Cribbage 1:00	19 Fitness Class 9am TRIVIA 1:30 Dominoes 2:00 Sr. Advocate Commission Meeting 6pm @ Sr. Ctr.	20 NEW QUILTING CLASS (Paper Piecing) 9:30-12 noon Bingo for Fun 1:30 Cards/Games	21 Key Gym10am BISTRO LUNCH 12:00 Movie at 1:30 "The Butler" OPEN SEW 6pm-8:30	22
23	24 Key Gym 10 am Food Pantry 5:30-6:30 CENTER CLOSED	25 TEEG 12:00 UCONN Sr.Nutrition Food Pantry 11:30-12:30 Cribbage 1:00	26 Fitness Class 9am Trip to Hartford Stowe/Twain Houses FREE!!!(to Pomfret Srs.) Leaving Sr. Ctr.@9am Dominoes 2:00	27 OPEN SEW 9:30-12 noon Bingo for Fun 1:30 Cards/Games	28 Key Gym10am Movie at 1:30 "Philomena" NEW (String Piecing) QUILTING CLASS 6pm-8:30	29
30	31 Key Gym 10 am Food Pantry 5:30-6:30 CENTER CLOSED	<p>Notes: TEEG every Tuesday & Wednesday 9-12 for benefit counseling by appt. (at Sr. Center) Call 860-923-3458</p> <p>Town's new Website with lots of information : WWW.POMFRETCT.GOV</p>				

Northeastern CT Transit District Call for a ride! 860-774-3902 Web Site: www.NECTD.org e-mail: rides@nectd.org

*On the 4th Wednesday of the month, the Center must close by 5:00pm. All other Wednesdays are open 'til about 6:00 pm.

If Pomfret Community School is closed for inclement weather the Center is also CLOSED. Go to Town website for more information.

Pomfret Senior Calendar Notes:

*****The Center is closed on Mondays*****

NEW : CRIBBAGE 1:00 ON TUESDAYS WHEN THERE IS NO OTHER ACTIVITY SCHEDULED

Friday, March 14, CORNED BEEF DINNER AT SEELY BROWN at 5:00. Only \$5.00 for Pomfret Seniors. (\$10.non) RSVP to Cathy Grant 860-928-2744 or signup sheet on Events Board. Please RSVP by March 7th so we can plan the dinner.

TEEG Learn at Lunch dates: Tuesdays, March 18th and 25th at 12:00

Friday, March 21st Bistro Lunch at 12:00 (right before the movie "The Butler") Only \$5.00 RSVP on Events Board

WEDNESDAY, MARCH 26TH...TRIP TO HARTFORD...STOWE/TWAIN HOUSES Free!!! (to Pomfret Srs.), ***** RSVP ON EVENTS BOARD**
On Going Programs: 1st Tuesday, March 4th-Pomfret Senior Association Meeting. Appetizer Pot Luck or pay \$5.00.

Every WEDNESDAY-FITNESS CLASS w/Terry Viani 9-10 am

Wii Bowling is happening at the Center when there are enough people interested. Come on down, get a little exercise and have some fun.

Friday Afternoon Movies: A movie is shown on Fridays at 1:30pm. Movies are chosen with input from seniors. Make your suggestions known and come and join the fun. Selections are shown only if available and are posted on the Events Board at the Center.

Key Gym: Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

Bingo for Fun: Thursday's Bingo is still a big draw with everyone having a fun time. John Carter calls the games.

Cards, Games & Good Company -As always, card games are extremely popular, along with jigsaw puzzles , Mexican Train (very popular!!!), Crokinole (when available) and just plain socializing. The Center is open until about 6 pm on Wednesdays*, Thursdays and Fridays (*except the 4th Wed. 'til 5 pm)

Seniors, please stop in to see what is going on and join in the activities. Sign up for a class or event on the bulletin board. If you have any class or program ideas, we would love to hear about them and will try to set them up for all to enjoy.

Quilting, Knitting, Crochet- a group of folks meet every Thursday morning from 9:30-12 am and Friday evenings from 6-8:30 pm There are two new quilting classes that will be starting on Thursday, March 20th from 9:30am-noon (Paper Piecing) and Friday eves, March 28th (String Piecing)) from 6:00-8:30pm. Open sew alternates weeks and folks are encouraged to join us and do their own kind of "stitching". Only \$5.00 for quilting lessons per class. Look for details or call Susan LaRose at 860-974-0494. See Events Board for more details.