

POMFRET SENIOR ACTIVITY CALENDAR (860) 928-7459

~ November 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 CLOSED Key Gym 10 - Noon Food Pantry 5:30-6:30	4 12-2 Sr. Association Anniversary Luncheon Center open 2-5 2:30 BINGO VOTE!!!	5 9am Fitness Class Center open 12-5 DOMINOES	6 9:30-12 QUILTING "WALL HANGING" (skill building) CENTER CLOSED DKH Walking Meet @Mashamoquet State Park at 10:00a	7 CENTER CLOSED Key Gym 10 - Noon 6-8:30 pm Quilting "WALL HANGING" (skill building)	8 QUILTING (COMMUNITY SERVICE)
9	10 CLOSED Key Gym 10 - Noon Food Pantry 5:30-6:30	11 CENTER CLOSED VETERAN'S DAY 	12 9 am Fitness Class Center open 12-5 DOMINOES 2:00 Movie "DEAD POET'S SOCIETY"	13 9:30-12 QUILTING Open Sew CENTER CLOSED DKH Walking Meet @Mashamoquet State Park at 10:00a	14 CENTER CLOSED Key Gym 10 - Noon 6-8:30 pm Quilting Open Sew	15
16	17 CLOSED Key Gym 10 - Noon Food Pantry 5:30-6:30	18 Food Pantry 11:30-12:30 Center open 12-5 12:00 TEEG 2:30 BINGO	19 9 am Fitness Class Center open 12-5 DOMINOES 1:30 TRIVIA	20 9:30-12 QUILTING "WALL HANGING" (skill building) CENTER CLOSED DKH Walking Meet @Mashamoquet State Park at 10:00a	21 CENTER CLOSED Key Gym 10 - Noon THANKSGIVING DINNER @SEELY BROWN 5pm 6-8:30 pm Quilting "WALL HANGING" (skill building)	22
23	24 CLOSED Key Gym 10 - Noon Food Pantry 5:30-6:30	25 Food Pantry 11:30-12:30 Center open 12-5 12:00 TEEG 1:30 Blood Pressure 2:30 BINGO	26 9 am Fitness Class CENTER CLOSED	27 CLOSED HAPPY THANKSGIVING DAY	28 CENTER CLOSED Key Gym 10 - Noon 6-8:30 pm Quilting Open Sew	29
30	Notes:					

◀ Oct 2014

Dec 2014 ▶

The Center will be open on Tuesday and Wednesday from noon until 5 pm.

The Center is closed on Monday, Thursday and Friday, except as noted.

Tuesday, November 4th 12-2 ... Senior Association Meeting & Anniversary Luncheon

ALSO ON TUESDAY, NOVEMBER 4th, PLEASE REMEMBER TO VOTE!!!

FRIDAY, NOVEMBER 21st THANKSGIVING DINNER AT SEELY BROWN AT 5 pm \$10.00 per person, call 860-928-2744 for reservations

Wednesdays at 9am...Pomfret Fitness Class w/Terry Viani.....beginning October 15th \$14.00 for 8 weeks

DKH Walking Champs...meet every Thursday morning at Mashamoquet State Park 10:00 am

Learn at Lunch 12:00- sponsored by TEEG; every Tuesday of the month except the first Tuesday, Free Lunch

Key Gym: Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

Quilting, Knitting, Crochet- "Pomfret's In Stitches"

Thursday morning from 9:30-12 am, Friday evenings from 6-8:30 pm and 2nd Saturdays Community Service Quilting. Beginning November 6th, a 3 part skill building series on a Wall Hanging. Only \$5.00 for most quilting lessons per class. See Events Board for new classes or call Susan LaRose at 860-974-0494. Folks are encouraged to join us and do their own kind of "stitching".

Cards, Games & Good Company -As always, card games are extremely popular, along with jigsaw puzzles, Mexican Train Dominoes (very popular!!), Crokinole (when available) and just plain socializing.

Bingo for Fun: Bingo is still a big draw with everyone having a fun time. John Carter calls the games and seems to come up with a new game every week or so.

Wednesday Afternoon Movies: A movie will be shown on the 2nd and 4th Wednesday at 2:00 pm. Movies are chosen with input from seniors. Make your suggestions known and join the fun. Selections are shown if available and are posted on the Senior Center Activity Calendar.

Free Blood Pressure Clinic with DKH's Judith Hansen: 1:30pm on Tuesday, November 25th

Seniors, please stop in to see what is going on and join in the activities. Sign up for a class or event on the bulletin board. If you have any class or program ideas, we would love to hear about them and will try to set them up for all to enjoy.

**Northeastern CT Transit District Call for a ride! 860-774-3902 Web Site: www.NECTD.org e-mail: rides@nectd.org
Closings / Inclement weather: If Pomfret Community School is closed the Center will also close. Listen to WINY : 1350 AM**