

POMFRET COMMUNITY SENIOR CENTER SENIOR ACTIVITY CALENDAR

~ February 2015 ~						
	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Key Gym 10 - Noon Food Pantry 5:30-6:30	3 Center Open 12 – 5 12-2 Senior Association Meeting / Brown Bag Lunch 2:30 Bingo	4 7 Center Open 12 – 5 Dominos	5 9:30-12 QUILTING Tennessee Waltz	6 Key Gym 10 - Noon 6-8:30 pm Quilting Tennessee Waltz	7
8	9 Key Gym 10 - Noon Food Pantry 5:30-6:30	10 Center Open 12 – 5 Food Pantry 11:30-12:30 12:00 TEEG Learn @ Lunch 2:30 Bingo	11 Center Open 12 – 5 Dominos 2:00 Movie “Mrs. Doubtfire”	12 9:30-12 QUILTING OPEN SEW	13 Key Gym 10 - Noon 6-8:30 pm Quilting Open Sew	14 
15	16 Key Gym 10 - Noon PRESIDENT’S DAY	17 Center Open 12 – 5 Food Pantry 11:30-12:30 12:00 TEEG Learn @ Lunch 2:30 Bingo	18 Center Open 12 – 5 Dominos 1:30 Trivia	19 9:30-12 QUILTING Tennessee Waltz	20 Key Gym 10 - Noon 6-8:30 pm Quilting Tennessee Waltz	21
22	23 Key Gym 10 - Noon Food Pantry 5:30-6:30	24 Center Open 12 – 5 Food Pantry 11:30-12:30 12:00 TEEG Learn @ Lunch 1:30 Blood Pressure cks 2:30 Bingo	25 Center Open 12 – 5 Dominos 2:00 Movie “How to Train Your Dragon II”	26 9:30-12 QUILTING OPEN SEW	27 6-8:30 pm Quilting Open Sew	28

It’s a NEW Year! The Pomfret Community Senior Center is looking for input on future new programs and activities for the coming year. Let us know what you would like to see at your Senior Center.

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Senior Association Meeting & Brown Bag Lunch, Tuesday, February 3rd 12-2

Learn at Lunch 12:00- sponsored by TEEG; Tuesdays, except the first Tuesday. Dates for February will be February 10th, 17th and 27^h.

Cards, Games & Good Company -Card games are extremely popular, along with jigsaw puzzles, Mexican Train Dominoes and just plain socializing. Drop in and join us.

Bingo for Fun: Bingo is a big draw with everyone having a fun time.

Wednesday Afternoon Movies: A movie is shown on the 2nd and 4th Wednesday at 2:00 pm. Movies are chosen with input from seniors.

Free Blood Pressure Clinic with DKH's Judith Hansen: February 24th at 1:30 pm

Key Gym: Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

Quilting, Knitting, Crochet- "Pomfret's In Stitches" Thursday morning from 9:30-12 am, Friday evenings from 6-8:30 pm and 2nd Saturdays Community Service Quilting 10-2. Only \$5.00 for most quilting lessons per class. See Events Board for new classes or call Susan LaRose at 860-974-0494. Folks are encouraged to join us and do their own kind of "stitching". Beginning February 5th and 6th , new class will be "Tennessee Waltz", 2 classes in February and 2 in March alternating with Open Sew.

Seniors, in the next few months, your input would be useful to set up monthly activities. If you have ideas for classes or programs, we would love to hear from you ! Please share your thoughts with any TEEG representative.

Northeastern CT Transit District Call for a ride! 860-774-3902

Web Site: www.NECTD.org e-mail: rides@nectd.org

Closings / Inclement weather: If Pomfret Community School is closed the Center will also close. Listen to WINY : 1350 AM

Just a reminder: As of January 2015 annual membership dues of \$5 must be paid to Pomfret Senior Association. Dues can be paid directly to the Pomfret Senior Association or mailed to Pomfret Senior Association, Pomfret Town Hall, 5 Haven Rd., Pomfret Center, CT 06259