



# TVCCA SENIOR CAFE MENU - APRIL 2018

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>2</p> 	<p>Chicken &amp; Broccoli Alfredo Penne Pasta Green Beans Fresh Fruit</p> <p>3</p>	<p>Steak Fajitas w/ cheddar cheese &amp; flour tortillas Spanish Rice Chuck Wagon Vegetable Blend Sweet Treat &amp; Juice</p> <p><u><b>Ethnic Celebration</b></u></p> <p>4</p>	<p>Stuffed Shells w/ marinara Carrot Coins Bean Medley Applesauce Cup</p> <p>5</p>	<p>6</p>
<p>9</p> 	<p>Meatloaf w/ gravy Garlic Mashed Potatoes Capri Vegetable Medley Fruit Cocktail</p> <p>10</p>	<p>Pesto Grilled Chicken Rice Pilaf Spring Vegetable Mix Fresh Orange</p> <p>11</p>	<p>Crispy Cod Macaroni &amp; Cheese Scandinavian Vegetable Blend Pears w/ mandarin oranges</p> <p>12</p>	<p>13</p>
<p>16</p> 	<p>Lemon Herb Haddock Rice Pilaf Italian Vegetables Applesauce Cup</p> <p>17</p>	<p>Pot Roast w/ carrots, onions. &amp; gravy Mashed Potatoes Tossed Salad Assorted Pie Juice</p> <p><u><b>Special Celebration Meal</b></u></p>  <p>18</p>	<p>Cheese Omelet Hash Brown Potatoes Stewed Tomatoes Fruit Cocktail</p> <p>19</p>	<p>20</p>
<p>23</p>	<p>Stuffed Chicken w/ broccoli &amp; cheese Roasted Potatoes Carrot Coins Diced Peaches</p> <p>24</p>	<p>Salisbury Steak w/ gravy Seasoned Rice Chuck Wagon Vegetables Sweet Treat &amp; Juice</p> <p>25</p>	<p>Cheese Manicotti w/ marinara Lima Beans Zucchini Fresh Fruit</p> <p>26</p>	<p>27</p>
<p>30</p> 			<p><b>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</b></p>	<p><b>Senior Nutrition Program</b> <b>81 Stockhouse Road</b> <b>Bozrah, CT 06334</b> <b>860-886-1720</b></p> <p>(24hr voice mail available)</p>