



August 2017

Pomfret Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
Birthdays: Joyce B John C 	1 9:00-11:30– Chair Caning 10:30– Tai Chi 12:30-1:30– Presentation on Tick Borne Illnesses	2 10:30– Walking Club 10:30– Activity Planning Meeting 12:00– Birthday Celebration 12:15– Movie- “ Sister Act II”	3	4
7	8 9:00-11:30– Chair Caning 10:30- Tai Chi	9 10:30– Walking Club 12:30– Bingo	10 11:30– Cookout	11
14	15 9:00-11:30– Chair Caning 10:30- Tai Chi	16 10:30– Walking Club 12:15– Movie- “On Golden Pond”	17 10:00– Whale Watch	18 
21	22 9:00-11:30– Chair Caning 10:30– Tai Chi	23 10:30– Walking Club 12:30– Bingo	24	25
28	29 9:00-11:30– Chair Caning 10:30– Tai Chi	30 10:30– Walking Club 12:30– Bingo	31 10:30– Blood Pressure Clinic	



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 Pomfret Center, CT 06259

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***Lunch is served at 11:30 daily**
***Details on all programs and activities are available in the**