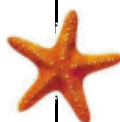
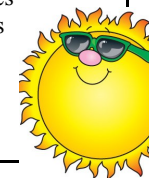




# TVCCA SENIOR CAFE AUGUST 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Senior Nutrition Program</u>  <b>81 Stockhouse Road</b>  <b>Bozrah, CT 06334</b>  <b>860-886-1720</b></p>	<p><b>1</b>                      Western Omelet                      Home fries                      Peas                      Pears w/ Mandarin Oranges</p>	<p><b>2</b>                      Salisbury Steak w/ gravy                      Mashed Potatoes                      Stewed Tomatoes                      Sweet Treat &amp; Juice</p>	<p><b>3</b>                      Chicken Stew                      Paprika Potatoes                      Broccoli Florets                      Fresh Orange</p>	<p><b>4</b></p>
<p><b>7</b></p>	<p><b>8</b>                      Meatloaf w/ gravy                      Garlic Mashed Potatoes                      Chopped Broccoli                      Fresh Apple</p>	<p><b>9</b>  <u>Birthday Celebration</u>                      Baked Haddock w/ corn salsa                      Yellow Rice &amp; Black Beans                      Chuck Wagon Vegetables                      Birthday Treat &amp; Orange Juice</p>	<p><b>10</b>                      Cheese Omelet                      Roasted Potatoes                      Peas &amp; Carrots                      Peach Cup</p>	<p><b>11</b></p>
<p><b>14</b></p>	<p><b>15</b>                      Chicken Broccoli Alfredo                      Bow Tie Pasta                      Capri Vegetables                      Applesauce Cup</p>	<p><b>16</b>                      Beef &amp; Bean Chili                      Baked Potato &amp; shredded cheese                      Mixed Vegetable Blend                      Sweet Treat &amp; Juice</p>	<p><b>17</b>                      Stuffed Shells                      Garlic Tomato Cannellini beans                      Zucchini                      Pineapple Tidbits</p>	<p><b>18</b></p>
<p><b>21</b></p>	<p><b>22</b>                      Southwestern Crusted Cod                      Rice Pilaf                      Stewed Tomatoes                      Fruit Cocktail</p>	<p><b>23</b>  <u>Summer Celebration</u>                      Pub Burger w/ cheese on Kaiser Roll                      w/ lettuce &amp; tomato                      Potato salad                      Four Bean salad                      Mixed Berry Pie &amp; Juice</p>	<p><b>24</b>                      Chicken Sausage &amp; Peppers                      Ziti                      Mixed Vegetables                      Pineapple Tidbits</p>	<p><b>25</b></p>
<p><b>28</b></p>	<p><b>29</b>                      Asian Beef Stir Fry                      Steamed Rice                      Asian Blend Vegetables                      Pineapple Cup</p>	<p><b>30</b>  <u>Ethnic Celebration</u>                      Chicken Soft Tacos w/ cheddar cheese                      &amp; flour tortillas                      Mixed Vegetables                      Sweet Treat &amp; Juice</p>	<p><b>31</b>                      Lemon Herb Haddock                      Mashed Potatoes                      Italian Vegetables                      Fresh Orange</p>	<p><i>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice</i></p>





# TVCCA SENIOR CAFÉ (No Monday) AUGUST 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p>	<p>1 Western Omelet Home fries Peas Pears w/ Mandarin Oranges</p>	<p>2 Salisbury Steak w/ gravy Mashed Potatoes Stewed Tomatoes Sweet Treat &amp; Juice</p>	<p>3 Chicken Stew Paprika Potatoes Broccoli Florets Fresh Orange</p>	<p>4 Crispy Cod Macaroni &amp; Cheese Chuck Wagon Vegetable Blend Peaches</p>
<p>7</p> 	<p>8 Meatloaf w/ gravy Garlic Mashed Potatoes Chopped Broccoli Fresh Apple</p>	<p>9 <u>Birthday Celebration</u> Baked Haddock w/ corn salsa Yellow Rice &amp; Black Beans Chuck Wagon Vegetables Birthday Treat &amp; Orange Juice</p>	<p>10 Cheese Omelet Roasted Potatoes Peas &amp; Carrots Peach Cup</p> 	<p>11 Meatballs Marinara Grinder roll with cheese Green Beans w/ diced tomatoes Pineapple Cup</p>
<p>14</p>	<p>15 Chicken Broccoli Alfredo Bow Tie Pasta Capri Vegetables Applesauce Cup</p> 	<p>16 Beef &amp; Bean Chili Baked Potato &amp; shredded cheese Mixed Vegetable Blend Sweet Treat &amp; Juice</p>	<p>17 Stuffed Shells Garlic Tomato Cannellini beans Zucchini Pineapple Tidbits</p>	<p>18 BBQ Chicken Baked Beans Peas &amp; Carrots Pears w/ mandarin oranges</p>
<p>21</p>	<p>22 Southwestern Crusted Cod Rice Pilaf Stewed Tomatoes Fruit Cocktail</p>	<p>23 <u>Summer Celebration</u> Pub Burger w/ cheese on Kaiser Roll w/ lettuce &amp; tomato Potato salad Four Bean salad Mixed Berry Pie &amp; Juice</p>	<p>24 Chicken Sausage &amp; Peppers Ziti Mixed Vegetables Pineapple Tidbits</p>	<p>25 Pot Roast Mashed Potatoes Broccoli Fresh Apple</p>
<p>28</p> 	<p>29 Asian Beef Stir Fry Steamed Rice Asian Blend Vegetables Pineapple Cup</p>	<p>30 <u>Ethnic Celebration</u> Chicken Soft Tacos w/ cheddar cheese &amp; flour tortillas Mixed Vegetables Sweet Treat &amp; Juice</p>	<p>31 Lemon Herb Haddock Mashed Potatoes Italian Vegetables Fresh Orange</p>	<p><i>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice</i></p>