





December 2017 - Pomfret Senior Center



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
|  | 5 9:00-11:30– Chair Caning 10:30 - Tai Chi | 6 10:30- Walking Club 12:30 – Bingo | 7 10:00am– Knitting & Crocheting with Nancy 12:30– Sam Ducharme– Appalachian Trail | 8  |
| | 11 9:00-11:30– Chair Caning 10:30 - Tai Chi | 12 9:00-11:30– Chair Caning 10:30 - Tai Chi | 13 10:30- Walking Club 11:30– Christmas Meal Potluck Christmas Cookies/ Yankee Swap | 14 10:00am– Knitting & Crocheting with Nancy |
| 18 | 19 9:00-11:30– Chair Caning 10:30 - Tai Chi 12:30– Christmas Trivia | 20 10:30- Walking Club 12:30 – Bingo | 21 10:00am- Knitting & Crocheting with Nancy 12:00– Birthday Celebration 12:30– Heirlooms *Center open till 5:00pm | 22 |
| 25  | 26 9:00-11:30– Chair Caning 10:30 - Tai Chi | 27 10:30- Walking Club 12:15 – Afternoon Movie: “Bourne Ultimatum” | 28 10:00am– Knitting & Crocheting with Nancy | 29  |

This Program is funded in part by Senior Resources with Title III Funds through the Older Americans Act

*** Lunch is served at 11:30 daily**



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*** Details on all programs and activities are available in the Newsletter**