

Pomfret Senior Center Activity Calendar

Phone: 860-928-7459 General Hours: 12-4 pm Monday & Tuesday 12-6 pm Wed.*, Th., Fri.

Hours vary with posted activities

~ July 2013 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	2 Sr. Association Mtg. 12:00 Pot Luck Cards/Games	3 Croquet 9-1 Dominoes 2:00 Program Comm.Mtg. 9 am @ Seely Brown	4 CLOSED	5 Croquet 9-1 Key Gym 10 am Movie at 1:30 "Identity Thief" Cards/Games after movie	6
7	8 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	9 TEEG: Learn @ Lunch Animal Control Officer, Diane Collette & Dr. Lambert, Veterinarian Food Pantry 11:30-12:30 Cards/Games	10 Croquet 9-1 Dominoes 2:00	11 Quilting Class 9:30-12:00 Bingo for Fun 1:30 Cards/Games	12 Croquet 9-1 Key Gym 10 am Movie at 1:30 "Silver Lining Playbook" Cards/Games after movie	13
14	15 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	16 Food Pantry 11:30-12:30 Cards/Games	17 Croquet 9-1 Trivia 1:30 Dominoes (after Trivia) Sr. Advocate Commission Meeting 7 pm @ Sr. Ctr.	18 Stitchers Gathering 9:30-12 Bingo for Fun 1:30 Cards/Games	19 Croquet 9-1 Key Gym 10 am Movie at 1:30 "Warhorse" Cards/Games after movie	20
21	22 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	23 Food Pantry 11:30-12:30 Cards/Games	24 Croquet 9-1 Dominoes 2:00 Open 'til 5:00pm	25 Quilting Class 9:30-12:00 Bingo for Fun 1:30 Cards/Games	26 Croquet 9-1 Key Gym 10 am Movie at 1:30 "Spiderman I" Cards/Games after movie	27
28	29 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	30 Food Pantry 11:30-12:30 Cards/Games	31 Dominoes 2:00	Notes: *On the 4th Wednesday of the month, the Sr. Center must close by 5:00pm. All other Wednesdays are open 'til about 6:00 pm Northeastern CT Transit District Call for a ride! 860-774-3902 Web Site: www.NECTD.org e-mail: rides@nectd.org		

Pomfret Senior Center Notes:

New Programs:

Tuesday, July 9th: TEEG Learn @ Lunch 12:00 At 1:00, Diane Collette, area Animal Control Officer will speak about the most common calls, equipment used and rabies. Dr. Lambert will talk about pet behaviors, pet diet, pet health, & how to deal with loss of pet, then Q&A

On Going Programs:

Mondays at 1:00 Wii Bowling has resumed. Come on down, get a little exercise and have some fun.

Friday Afternoon Movies: A movie is shown on most Fridays at 1:30pm. Sometimes a Bistro Lunch is served at 12 noon, right before the movie. Movies will be chosen with input from seniors. Make your suggestions known and come and join the fun. Movies are selected for the following month on the 1st Friday. Selections are shown only if available and are posted on the Events Board at the Center.

Croquet Wednesdays & Fridays 9-1 at Pomfret Rec. Field

Key Gym: Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

Bingo for Fun: Bingo is still a big draw with everyone having a fun time. John Carter calls the games and seems to come up with at least one new game every week or so. These can be challenging.

Cards, Games & Good Company -As always, card games are extremely popular, along with jigsaw puzzles , Mexican Train (very popular!!!), Crokinole (when available) and just plain socializing. The Center is open until about 6 pm on Wednesdays*, Thursdays and Fridays (*except the 4th Wed. 'til 5 pm)

Seniors, please stop in to see what is going on and join in the activities. Sign up for a class or event on the bulletin board. If you have any class or program ideas, we would love to hear about them and will try to set them up for all to enjoy.

Quilting, Knitting, Crochet- a group of folks meet every Thursday morning from 9:30-12 am. Presently, there is a quilting class that meets every other Thursday but folks are still encouraged to join us and do their own kind of "stitching". New classes will be starting in September. Look for details or call Susan LaRose at 860-974-0494.

Guitar Lessons-Free lessons on your own guitar; Saturdays at about 3:30 but you must call the Sr. Center to make arrangements and let it be known if you are interested. 860-928-7459 Ask for Gene.