

Pomfret Senior Center Activity Calendar
General Hours: 12-4 pm Monday & Tuesday
12-6 pm Wed.*, Th., Fri.
Phone: 860-928-7459
Hours vary with posted activities

◀ Aug 2013		~ September 2013 ~					Oct 2013 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 CLOSED LABOR DAY	3 Sr. Association Mtg. 12:00 Cards/Games	4 Croquet 9-1 Dominoes 2:00 Program Comm.Mtg. 9am @ Seely Brown	5 Stitchers Gathering 9:30-12 Bingo for Fun 1:30 Cards/Games	6 Croquet 9-1 Key Gym 10am Movie at 1:30 "The Great Gatsby" Cards/Games after movie	7 19TH CENTURY POMFRET CIVIL WAR ERA FOOD&ENTERTAINMENT &LIVE RE-ENACTMENT 6-9 PM	
8	9 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	10 12:00 TEEG Learn@Lunch The Last Green Valley Food Pantry 11:30-12:30 Cards/Games	11 Croquet 9-1 Dominoes 2:00	12 Stitchers Gathering 9:30-12 Bingo for Fun 1:30 Cards/Games	13 Croquet 9-1 Key Gym 10 am Movie at 1:30 "A Good Day to Die Hard" Cards/Games after movie	14	
15	16 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	17 BIG E Trip Food Pantry 11:30-12:30 Cards/Games	18 Croquet 9-1 Trivia 1:30 Dominoes (after Trivia) Sr. Advocate Commission Meeting 7pm @ Sr. Ctr.	19 Quilting Class 9:30-12:00 1st class Bingo for Fun 1:30 Cards/Games	20 Croquet 9-1 Key Gym 10 am Movie at 1:30 "The Great Debaters" Cards/Games after movie Quilting Class 6:00-8:30pm 1st class	21	
22	23 Key Gym 10 am 12 Blood Pressure checks 1:00 Wii Bowling Food Pantry 5:30-6:30	24 12:00 TEEG Learn@Lunch Sr.Resources:Scams Food Pantry 11:30-12:30 Cards/Games	25 Croquet 9-1 Dominoes 2:00 Open 'til 5:00pm	26 Stitchers Gathering 9:30-12 Bingo for Fun 1:30 Cards/Games	27 Croquet 9-1 Key Gym 10 am Movie at 1:30 "Seven Brides for Seven Brothers" Cards/Games after movie OPEN SEW 6:00-8:30pm	28	
29	30 Key Gym 10 am 1:00 Wii Bowling Food Pantry 5:30-6:30	Notes: Starting in September-TEEG Tuesday September 17 and Wednesday September 18 from 9-1:00 CEAP Applications by appt. TEEG every Tuesday & Wednesday 9-12 for benefit counseling by appt (at TEEG site) 860-923-3458					

Pomfret Senior Center Notes:

New Programs:

1st Tuesday, Sept. 3rd-POMFRET SENIOR ASSOCIATION Mtg.

Tuesday, Sept. 10th: **TEEG Learn @ Lunch** 12:00 (The Last Green Valley) & Tues., Sept. 24th (Sr. Resources on Scams)

Tuesday, Sept. 17th-Planning a trip to the Big E sign up on events board at the Sr. Center

On Going Programs:

Mondays at 1:00 Wii Bowling has resumed. Come on down, get a little exercise and have some fun.

Friday Afternoon Movies: A movie is shown on Fridays at 1:30pm. Movies are chosen with input from seniors. Make your suggestions known and come and join the fun. Movies are selected for the following month on the 1st Friday. Selections are shown only if available and are posted on the Events Board at the Center.

Croquet -Wednesdays & Fridays 9-1 at Pomfret Rec. Field

Key Gym: Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

Bingo for Fun: Bingo is still a big draw with everyone having a fun time. John Carter calls the games and seems to come up with at least one new game every week or so. These can be challenging.

Cards, Games & Good Company -As always, card games are extremely popular, along with jigsaw puzzles , Mexican Train (very popular!!!), Crokinole (when available) and just plain socializing. The Center is open until about 6 pm on Wednesdays*, Thursdays and Fridays (*except the 4th Wed. 'til 5 pm)

Seniors, please stop in to see what is going on and join in the activities. Sign up for a class or event on the bulletin board. If you have any class or program ideas, we would love to hear about them and will try to set them up for all to enjoy.

Quilting, Knitting, Crochet- a group of folks meet every Thursday morning from 9:30-12 am. There will be a quilting class beginning Thursday, Sept. 19th from 9:30am-noon and Friday eves from 6:00-8:30pm. Open sew alternates weeks but folks are still encouraged to join us and do their own kind of "stitching". Only \$5.00 for quilting lessons per class. Look for details or call Susan LaRose at 860-974-0494.

Guitar Lessons-Free lessons on your own guitar; Saturdays at about 3:30 but you must call the Sr. Center to make arrangements and let it be known if you are interested. 860-928-7459 Ask for Gene.

Northeastern CT Transit District

Call for a ride! 860-774-3902

Web Site: www.NECTD.org e-mail: rides@nectd.org

*On the 4th Wednesday of the month, the Sr. Center must close by 5:00pm. All other Wednesdays are open 'til about 6:00 pm