

Team Members



Joseph Botta, MD, Geriatrician
Dr. Botta is a physician who is board-certified in internal and geriatric medicine. Beginning his practice at Day Kimball Hospital in 2002, his geriatric focus fosters a medical care approach that is encompasses patients' physical, emotional and social issues as well as their caregivers' concerns.



Kathleen Demers, MS, APRN
Advanced Practice Registered Nurse
Kathy is a board-certified geriatric nurse practitioner who has worked for Day Kimball Hospital since 1993. She provides medical consultation, case management and counseling services to seniors and their caregivers.



Tamsen H. Harris, JD
Elderlaw Attorney
Tammy has been in practice as an attorney for 40 years. She has also served as a probate judge in Brooklyn, CT. She provides free counseling in legal, financial and insurance matters, and assists seniors who may qualify for government programs.



Linda Daniels, Program Assistant
The newest team member, Linda, has been an employee of Day Kimball Hospital since 1999. She oversees the scheduling and day-to-day operations of the program, and provides administrative support to the team.

Program Location

Center for Healthy Aging
15 Marshall Street
Putnam, CT 06260
(860) 928-7122

DIRECTIONS

From Route 395 (north or south)
Take Exit 95. At end of ramp turn right onto Kennedy Drive. Follow Kennedy Drive to second light, turn left onto Providence Street. Take fourth left onto Marshall Street. Take first left onto Green Street, then left into parking lot. Center is on corner of Green and Marshall Streets.

Driving Route 44 East:
At the intersection of Cargill Falls, before entering downtown Putnam area, take left on Kennedy Drive. Follow Kennedy Drive to the end, take left onto Providence Street. Take your fourth left onto Marshall Street. Take first left onto Green Street, then left into parking lot. Center is on corner of Marshall and Green Streets.

Driving Route 44 West:
At intersection of Owen Tarr Sports Complex in Putnam, take right turn on Route 171 (Providence Street). Take your fifth left onto Marshall Street. Take first left onto Green Street, then left into parking lot. Center is on corner of Green and Marshall Streets.

DKH DAY KIMBALL HOSPITAL

Geriatric Assessment Program



Center for Healthy Aging
15 Marshall Street, Putnam, CT 06260
(860) 928-7122

The Program

A consultation service offering comprehensive evaluation and planning for seniors, their families and their healthcare providers.

Our Goals

- To help older adults maintain independence and dignity, cope with physical and emotional stressors, and age successfully.
- To assist families and health care professionals provide optimal care for seniors.



Services Provided

Using our team approach we offer **evaluation, planning and treatment** for:

- Memory loss
- Dementia and related behavioral changes
- Anxiety/Depression
- Sleep disturbances
- Functional loss
- Falls
- Home safety concerns
- Driving safety concerns
- Osteoporosis (thin bones)
- Medication concerns
- Involuntary weight loss
- Pain control/Palliative care
- Caregiver stress
- Determining optimal living situations
- End-of-life planning/care
- Financial/Legal/Insurance issues
- Advance Directives
- Ethical treatment dilemmas
- Preventative medicine
- Case management



Frequently Asked Questions

Who is eligible for services?

All older adults are eligible for services. (Referral from your doctor is recommended).

How do I make an appointment?

It is best if your primary care doctor makes the referral. You may self-refer, however we prefer to receive a referral from your doctor prior to scheduling your visit. A full written report will be sent to your primary care doctor after your visit.

Appointments can be made by calling (860) 928-7122.

How are services paid for?

Most major insurance plans and Medicare pay for most or all of the visit.