



# TVCCA SENIOR CAFÉ FEBRUARY 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Beef Stroganoff Egg Noodles Mixed Vegetables Sweet Treat Juice</p>	<p>2 Chicken Stew Garlic Roasted Potatoes Green Beans &amp; Diced Tomatoes Fresh Orange</p>	
<p>6</p>	<p>7 Chicken Cacciatore Buttered Shells Green Beans Pears w/ mandarin oranges</p>	<p>8 Salisbury Steak w/ gravy Mashed Potatoes Stewed Tomatoes Sweet Treat Juice</p>	<p>9 Mexican Cod Spanish Rice Mixed Vegetables Applesauce Cup</p>	<p>10</p>
<p>13</p>	<p>14 Ritz Crusted Haddock Macaroni &amp; Cheese Italian Blend Vegetables Fruit Cocktail  <i>Happy Valentine's Day</i></p> 	<p>15 Chicken Teriyaki Steamed Rice Oriental Mix Sweet Treat Juice  <u>Ethnic Celebration</u></p>	<p>16 Cheese Omelet Roasted Potatoes Green Beans &amp; Diced Tomatoes Diced Peaches</p> 	<p>17</p>
<p>20 <b>Presidents Day Holiday</b> </p>	<p>21 Breaded Pork Chop Brown Rice Capri Vegetable Medley Pineapple Tidbits</p>	<p>22 Shepherd's Pie w/ corn &amp; potatoes Carrot Coins Peas Birthday Cupcake Grape Juice  <u>Birthday Celebration</u></p>	<p>23 Tuscan Baked Chicken Whole grain couscous Italian Vegetable Blend Pears w/ mandarin oranges</p>	<p>24</p>
<p>27</p> 	<p>28 Pub Burger w/ bun Garlic Mashed Potatoes Broccoli Diced Peaches</p>		<p>Inclement weather watcher.... If severe inclement weather in the forecast, delivery schedules are subject to change. Inclement weather closings will be announced on local radio stations and TV channel 3 &amp; 8.</p>	<p><u>TO CANCEL A MEAL</u> <b>Please Call New #:</b> <b>860-934-1006</b>  72 hours notice is appreciated (24hr voice mail available)</p>

1% milk and whole grain bread are served with each meal. Menu is subject to change with out notice.