

Pomfret Senior Center Activity Calendar

General Hours: 12-4 pm Monday & Tuesday 12-6 pm Wed., Th., Fri. Phone: 860-928-7459 Hours vary with posted activities

NEW WEBSITE WITH LOTS OF INFO: WWW.POMFRETCT.GOV

~ January 2014 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 CLOSED Happy New Year!!!	2 Bingo for Fun 1:30 Cards/Games	3 Key Gym10am Movie at 1:30 "The Lost Valentine" OPEN SEW 6pm-8:30	4 Pomfret Congregational Church 7am-11am
5	6 Key Gym 10 am Food Pantry 5:30-6:30	7 Sr. Association Mtg. 12:00 Cards/Games	8 Fitness Class 9am Dominoes 2:00 Program Comm.Mtg. 9am @ Seely Brown	9 Bingo for Fun 1:30 Cards/Games NEW QUILTING CLASS 9:30-12 noon	10 Key Gym10am BISTRO LUNCH \$5.00 Movie at 1:30 "Glory" NEW QUILTING CLASS 6pm-8:30	11
12	13 Key Gym 10 am Food Pantry 5:30-6:30	14 Food Pantry 11:30-12:30 12:00 TEEG Learn @ Lunch Jean McClellan of Chamberlin Mill on history of the mill Cards/Games	15 Fitness Class 9am Dominoes 2:00 TRIVIA 1:30 Sr. Advocate Commission Meeting 7pm @ Sr. Ctr.	16 OPEN SEW 9:30-12 noon Bingo for Fun 1:30 Cards/Games	17 Key Gym10am Movie at 1:30 "Sister Act I" OPEN SEW 6pm-8:30	18 Pomfret Congregational Church 7am-11am
19	20 CLOSED Martin Luther King Day	21 Food Pantry 11:30-12:30 12:00 TEEG Learn @ Lunch Dr. Botta on healthy ageing Cards/Games	22 Fitness Class 9am Dominoes 2:00	23 QUILTING CLASS 9:30-12 noon Bingo for Fun 1:30 Cards/Games	24 Key Gym10am Movie at 1:30 "Crash" QUILTING CLASS 6pm-8:30	25
26	27 Key Gym 10 am BLOOD PRESSURE 1:00 Food Pantry 5:30-6:30	28 Food Pantry 11:30-12:30 12:00 TEEG Learn @ Lunch Cards/Games	29 Fitness Class 9am Dominoes 2:00	30 OPEN SEW 9:30-12 noon Bingo for Fun 1:30 Cards/Games	31 Key Gym10am Movie at 1:30 007 For Your Eyes Only OPEN SEW 6pm-8:30	Notes: WWW.POMFRETCT.GOV

TEEG every Tuesday & Wednesday 9-12 for benefit counseling by appt . (at Sr.Center) Call 860-923-3458

*****NEW QUILTING CLASS STARTING JANUARY 9TH (Double Irish Chain) & January 10th(Log Cabin)*****

*******Pomfret Congregational Church will be using the Center on the first and third Saturdays from 7 am until 11 am.*******

Pomfret Senior Center Notes:

New Programs:

1st Tuesday, January 7th-POMFRET SENIOR ASSOCIATION Mtg. TEEG Learn at Lunch dates: January 14, 21 and 28 @ 12 Noon

Every WEDNESDAY-FITNESS CLASS w/Terry Viani 9-10 am

Every Friday @ Methodist Church, 53 Grove St., Putnam -Community Café FREE LUNCH 11:30-1:30

On Going Programs:

Wii Bowling happening at the Center when there are enough people interested. Come on down, get a little exercise and have some fun.

Friday Afternoon Movies: A movie is shown on Fridays at 1:30pm. Movies are chosen with input from seniors. Make your suggestions known and come and join the fun. Selections are shown only if available and are posted on the Events Board at the Center.

Key Gym: Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

Bingo for Fun: Bingo is still a big draw with everyone having a fun time. John Carter calls the games and seems to come up with at least one new game every week or so. These can be challenging.

Cards, Games & Good Company -As always, card games are extremely popular, along with jigsaw puzzles , Mexican Train (very popular!!!), Crokinole (when available) and just plain socializing. The Center is open until about 6 pm on Wednesdays*, Thursdays and Fridays (*except the 4th Wed. 'til 5 pm)

Seniors, please stop in to see what is going on and join in the activities. Sign up for a class or event on the bulletin board. If you have any class or program ideas, we would love to hear about them and will try to set them up for all to enjoy.

Quilting, Knitting, Crochet- a group of folks meet every Thursday morning from 9:30-12 am. There are two new quilting classes beginning Thursday, January 9th from 9:30am-noon(Double Irish Chain) and Friday eves, January 10th(Log Cabin) from 6:00-8:30pm. Open sew alternates weeks but folks are still encouraged to join us and do their own kind of "stitching". Only \$5.00 for quilting lessons per class. Look for details or call Susan LaRose at 860-974-0494. See Events Board for more details.*****

Guitar Lessons-Free lessons on your own guitar; Saturdays at about 3:30 but you must call the Sr. Center to make arrangements and let it be known if you are interested. 860-928-7459 Ask for Gene.

*****Pomfret Congregational Church will be using the Center on the first and third Saturdays from 7 am until 11 am*****

Northeastern CT Transit District Call for a ride! 860-774-3902 Web Site: www.NECTD.org
e-mail: rides@nectd.org *On the 4th Wednesday of the month, the Sr. Center must close by 5:00pm.
All other Wednesdays are open 'til about 6:00 pm

NEW WEBSITE WITH LOTS OF INFO: WWW.POMFRETCT.GOV
INCLEMENT WEATHER: IF SCHOOLS ARE CLOSED, THE SR. CENTER IS CLOSED. GO TO WEBSITE FOR WEATHER UPDATES