



January 2018 - Pomfret Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
Birthdays: Steve R. Gene G. Monique K. Gunner J.	2 9:00-11:30– Chair Caning 10:30 - Tai Chi	3 10:30- Walking Club 12:30 – Bingo	4 10:00am– Knitting & Crocheting with Nancy 12:00– Birthday Celebration 12:30– Wii Golf/Bowling	5 
8	9 9:00-11:30– Chair Caning 10:30 - Tai Chi 12:30– Trivia with John	10 10:30- Walking Club 12:15– Movie—”Under the Tuscan Sun”	11 10:00am– Knitting & Crocheting with Nancy 12:15– Stress Management by Masonicare	12 
15	16 9:00-11:30– Chair Caning 10:30 - Tai Chi	17 10:30- Walking Club 12:30 – Bingo	18 10:00am- Knitting & Crocheting with Nancy	19 
22 	23 9:00-11:30– Chair Caning 10:30 - Tai Chi	24 10:30- Walking Club 12:15 – Afternoon Movie: ” Bourne Ultimatum ”	25 10:00am– Knitting & Crocheting with Nancy 12:30– Wii Golf/Bowling 4:00-5:00– Activity with FRESH	26
29	30 9:00-11:30– Chair Caning 10:30 - Tai Chi	31 10:30- Walking Club 12:30 – Bingo		

This Program is funded in part by Senior Resources with Title III Funds through the Older Americans Act

*** Lunch is served at 11:30 daily**



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*** Details on all programs and activities are available in the Newsletter**