January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 10:30-11:15: Tai Chi 12:00-2:00: Senior Association	6 10:00-Walking Club 10:00 - Bingo 1:00-Pomfret School Activity	7 10:00 – Yoga 12:30 Movie	8	9
10	11	12 10:30-11:15: Tai Chi 12:30 – Learn at Lunch - Coffee	13 10:00-Walking Club 10:00 -Bingo 1:00-Pomfret School Activity	14 10:00 - Yoga 12:30 – Valentine's Craft	15	16
17	18	19 10:30-11:15: Tai Chi 12:30 - Bingo	20 10:00-Walking Club 12:30-First Aid 1:00-Pomfret School	21 10:00 - Yoga 12:30 – Trivia	22	
24 31	25	26 10:30-11:15: Tai Chi 12:30 – Learn at Lunch -Thailand	27 10:00Walking Club/WII 1:00 Movie 1:00 Pomfret School	28 10:00 -Yoga 12:30- Book Club	29	

*Lunch is served at 11:30 daily

*Details on all programs and movie titles are available in the January Newsletter

*Weather closings will be announced on WINY

PHONE NUMBER – 860-928-7459

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