



TVCCA SENIOR CAFE MENU ~ JULY 2018







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> 	<p>3</p> <p>Pub Burger w/ bun Herb Roasted Potatoes Capri Vegetable Medley Pineapple Tidbits</p> <p>Have a safe Independence Day!</p>	<p>4</p>  <p>Independence Day</p> <p>Happy 4th of July!</p> <p>Senior Nutrition Program Closed</p>	<p>5</p> <p>Teriyaki Chicken Drumsticks Steamed Rice Oriental Vegetables Fruit Cocktail</p>	<p>6</p>
<p>9</p>	<p>10</p> <p>Chicken Parmesan Baked Ziti Italian Vegetable Medley Applesauce Cup</p>	<p>11</p> <p><i>Birthday Celebration</i></p> <p>Baked Haddock w/corn salsa Yellow Rice & Black Beans Chuck Wagon Vegetables Birthday Treat; Orange Juice</p> <p>Or Salad Choice: Grilled Chicken Caesar Salad</p>	<p>12</p> <p>Meatballs Grinder w/ 6" sub roll & mozzarella cheese Zucchini & Yellow Squash Pineapple Tidbits</p>	<p>13</p>
<p>16</p> 	<p>17</p> <p>Beef Hot Dog w/ roll Tater Tots Chuck Wagon Vegetables Fresh Fruit</p>	<p>18</p> <p><i>July Special Meal</i></p> <p>BBQ Chicken Drumsticks Baked Beans Coleslaw; Cornbread Strawberry Shortcake & Juice</p> <p>Or Salad Choice: Mediterranean Salad w/ grilled Salmon</p>	 <p>19</p> <p>Grilled Shells w/marinara Carrot Coins Sugar Snap Peas Applesauce Cup</p>	<p>20</p>
<p>23</p> 	<p>24</p> <p>Crispy Cod Patty Macaroni & Cheese Scandinavian Vegetable Blend Applesauce Cup</p>	<p>25</p> <p>Beef & Bean Chili Parsley Potatoes Mixed Vegetables Fresh Orange</p> <p>Or Salad Choice: Chopped Cobb Salad</p>	<p>26</p> <p>Swedish Meatballs Buttered Shells Broccoli Fruit Cocktail</p>	<p>27</p>
<p>30</p> 	<p>31</p> <p><u>Ethnic Celebration</u></p> <p>Chicken Soft Tacos w/ cheddar cheese & flour tortilla Spanish Rice Mixed Vegetables Sweet Treat & Juice</p>		<p><i>1% milk and whole grain bread are served with each meal.</i></p> <p><i>Menu is subject to change without notice</i></p>	<p><u>TVCCA Senior Nutrition Program</u> 81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p> <p>(24hr voice mail available)</p>