

June 2017

# Pomfret Senior Center

207 Mashamoquet Rd., Pomfret Center, CT

## June Events



### Thursday June 1st – 12:30 - Senior Center Activity Planning Meeting

Help steer the activities at the center! Bring your ideas and help plan the activities at the center in the coming months!

### Tuesday, June 6th, 13th, 20th, 27th– Chair Caning with Joe Doran

Join Joe Doran from the Lisbon Senior Center as he engages participants in caning chairs. If you are interested in joining please contact 860-923-3458 and ask to speak to Chelsea. Rolling enrollment available.



### Wednesday, June 7th – 12:15 – Movie- “Manchester by the Sea”

After the death of his older brother Joe, Lee Chandler is shocked that Joe has made him sole guardian of his teenage nephew Patrick. Taking leave of his job as a janitor in Boston, Lee reluctantly returns to Manchester-by-the-Sea, the fishing village where his working-class family has lived for generations. There, he is forced to deal with a past that separated him from his wife, Randi and the community where he was born and raised

Stars: Casey Affleck, Michelle Williams, and Kyle Chandler

### Thursday, June 8th– 12:00– Rhubarb Delights

Bring in your favorite rhubarb dessert and recipe to share!

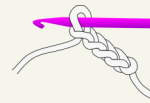


### Tuesday, June 13th- 12:30– Trivia

Get your thinking caps ready and join us in some trivia!

### Wednesday, June 14th –10:30 – Guided Meditation

Meditation serves to relax, focus and clear the mind. Join Barbara Marston, MDiv for a session of relaxation and focus using guided meditation and breathing techniques.



### Thursday, June 15– 12:30– Crocheting with Nancy

Are you interested in learning how to crochet? Maybe you would like to make a nice blanket, or hat for someone you love. Then come learn the basics of how to crochet with Nancy. Please bring your own crochet hooks if you have them. Hooks will be available if needed.

### Tuesday, June 20th- 12:30 – Heirlooms

Do you have something special, unique or antique that is special to your family? If so bring it in to share, discuss and talk about. You never know what you will get to see, experience and learn about!

### Wednesday, June 21st- 12:00- Birthday Celebration – Following Lunch

Mary Lord C., Elsie J., Lauren B., and Patty F., have birthdays in June...do you? Come celebrate with us! Cake and a song will help us celebrate June birthdays! If you would like to add your birthday to the list, please see Jim Jutras.



### Wednesday, June 21st– 12:15– Movie- “Sister Act”

When lively lounge singer Deloris Van Cartier sees her mobster beau, Vince LaRocca, commit murder, she is relocated for her protection. Set up in the guise of a nun in a California convent, Deloris proceeds to upend the quiet lives of the resident sisters. In an effort to keep her out of trouble, they assign Deloris to the convent's choir, an ensemble that she soon turns into a vibrant and soulful act that gains widespread attention.

Stars: Whoopi Goldberg, Maggie Smith, Kathy Najimy

### Thursday, June 22nd–10:30 – Blood Pressure Clinic

The Pomfret Senior Center will be offering free Blood Pressure Screening starting at 10:30am.

### Thursday, June 22nd– 11:30– Summer Solstice Celebration Cook out!

What better way to celebrate the Summer Solstice, and welcome summer than with a celebratory cookout!



Thank you to Joyce Bigelow for sharing your musical talents with us on Cinco de Mayo!  
Your performance was enjoyed by everyone!



The seniors enjoying a presentation  
on Christopher Heights by Laura  
Crossetti on May 9th

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