





March 2017

Pomfret Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
Birthdays: Eileen A.		1 11:00– Activity Planning Mtg 12:00– Birthday Celebration 12:30– Bingo	2 10:30 - Yoga with Anne	3
6	7 10:30 - Tai Chi 12:30– Chair Caning with Joe Doran	8 St. Patrick’s Day Meal 12:15– Movie- “The Second Best Exotic Marigold Hotel”	9 12:30– Wii	10 Corned Beef Dinner at Seely Brown– 5pm RSVP-860-928-2744
13	14 10:30- Tai Chi 12:30– Trivia	15 10:30—Guided Meditation w/ Barbara 12:30– Bingo	16 10:00– Blood Pressure Clinic	17
20 	21 10:30– Tai Chi 12:30– Setback	22 10:30– Public Utilities Regulatory Authority Presentation 12:15– Movie- “Love and Other Drugs”	23 10:15– Learn to Crochet with Nancy Bring your own hooks if you have them	24 
27	28 10:30– Tai Chi	29 12:30– Bingo	30 12:15– Hearing Screenings by Amplisound Sign up at the Center or call 860-928-7459	31



Pomfret Senior Center
207 Mashamoquet Rd.
Pomfret Center, CT 06259

Phone: 860-928-7459
TEEG: 860-923-3458
E-mail: jimj@teegonline.org

*** Lunch is served at 11:30 daily**

*** Details on all programs and activities are available in the Newsletter**