



# March 2018

## Pomfret Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Birthdays:</b> Eileen A.			<b>1</b> 10:00– Knitting & Crocheting with Nancy	<b>2</b>
<b>5</b>	<b>6</b> 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office	<b>7</b> 9:00-10:00– Chair Yoga w/Mary Anne 10:30– Walking Club 12:15– Movie- “I Am Sam”	<b>8</b> 10:00– Knitting & Crocheting with Nancy 12:30– Wii Golf/Bowling	<b>9</b>
<b>12</b>	<b>13</b> 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office 12:30– Trivia	<b>14</b> 9:00-10:00– Chair Yoga w/Mary Anne 10:30– Walking Club 11:30– St. Patrick’s Day Lunch 12:30– Bingo	<b>15</b> 10:00– Knitting and Crocheting with Nancy	<b>16</b> <b>Cabbage Dinner at Seely Brown at 5:00pm</b>
<b>19</b> 	<b>20</b> 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office	<b>21</b> 9:00-10:00– Chair Yoga w/ Mary Anne 10:30– Walking Club 11:30– Spring Potluck 12:30– Presentation on Vision Impairment	<b>22</b> 10:00– Knitting and Crocheting with Nancy 12:15– Movie- “Hitman’s Bodyguard” 4:00-5:00– Activity with FRESH	<b>23</b> 
<b>26</b>	<b>27</b> 9:00-10:00- Tai Chi 9:00– Chair Caning with Joe Doran at TEEG office 12:00– Birthday Celebration	<b>28</b> 9:00-10:00– Chair Yoga w/Mary Anne 10:30– Walking Club 12:30– Bingo	<b>29</b> 10:00– Knitting and Crocheting with Nancy	<b>30</b>



Pomfret Senior Center  
207 Mashamoquet Rd.  
Pomfret Center, CT 06259

Phone: 860-928-7459  
TEEG: 860-923-3458  
E-mail: [jjmj@teegonline.org](mailto:jjmj@teegonline.org)

**\* Lunch is served at 11:30 daily**  
**\* Details on all programs and activities are available in the**