






# May 2017

## Pomfret Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Birthdays:</b> Nancy N. Dot D. Ana F. Joan R.	<sup>3</sup> 9:00-11:30– Chair Caning 10:30– Tai Chi	<sup>3</sup> 10:30-Activity Planning Mtg 12:00– Birthday Celebration 12:30– Bingo	<sup>4</sup> 12:30– Wii Golf/Bowling	<sup>5</sup> 
<sup>8</sup> Jim J. Ken S. Tom M. Joyce S.	<sup>9</sup> 9:00-11:30– Chair Caning 10:30– Tai Chi 12:00– Presentation on Christopher Heights	<sup>10</sup> 12:15– Movie- “Bridge of Spies”	<sup>11</sup> 12:30– Laugh Out Loud!- Bring your best belly laughing clean jokes	<sup>12</sup>
<sup>15</sup>	<sup>16</sup> 9:00-11:30– Chair Caning 10:30- Tai Chi 12:30– Trivia	<sup>17</sup> 10:30– Guided Meditation w/ Barbara 12:30– Bingo	<sup>18</sup> 10:00– Blood Pressure Clinic 12:15– Crocheting with Nancy Trip to New Britain Art Museum	<sup>19</sup>
<sup>22</sup>	<sup>23</sup> 9:00-11:30– Chair Caning 10:30– Tai Chi	<sup>24</sup> 12:15– Movie- “Inferno”	<sup>25</sup> 12:30– Pet Pictures followed by a Pet Care Discussion	<sup>26</sup>
<sup>29</sup> 	<sup>30</sup> 9:00-11:30– Chair Caning 10:30– Tai Chi	<sup>31</sup> <b>Memorial Day Celebration and            Cook out!</b> 12:30– Bingo		



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**\* Lunch is served at 11:30 daily**

**\* Details on all programs and  
 activities are available in the  
 Newsletter**