



# TVCCA CAFÉ MENU NOVEMBER 2017





**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</p>		<p><b>1</b> Swedish Meatballs Buttered Noodles Chuck Wagon Vegetables Fresh Orange</p>	<p><b>2</b> Baked Haddock w/ salsa Spanish Rice Capri Vegetable Medley Applesauce Cup</p>	<p><b>3</b></p>
<p><b>6</b></p>	<p><b>7</b> Philly Cheese Steak w/ roll Tater Tots Chuck Wagon Vegetables Fresh Fruit</p>	<p><b>8</b> Crispy Cod Patty Macaroni &amp; Cheese Stewed Tomatoes Sweet Treat &amp; Juice</p>	<p><b>9</b> BBQ Pulled Pork w/ roll Baked Beans Mixed Vegetables Pineapple Cup</p>	<p><b>10</b> <b>Veterans Day Holiday</b></p> 
<p><b>13</b></p>	<p><b>14</b> Beef Stew w/ diced vegetables Brown Rice Italian Vegetable Medley Pears w/ mandarin oranges</p>	<p><b>15</b> <b><u>Thanksgiving Celebration Meal</u></b> <i>Roasted Turkey w/ Gravy</i> <i>Stuffing &amp; Cranberry Sauce</i> <i>Mashed Potatoes</i> <i>Butternut Squash</i> <i>Pumpkin Pie &amp; Juice</i> <i>Whole Wheat Roll</i></p> 	<p><b>16</b> Lemon Herb Haddock Scalloped Potatoes Green Beans Applesauce Cup</p>	<p><b>17</b></p>
<p><b>20</b></p>	<p><b>21</b> Cheese Manicotti w/ marinara Peas Zucchini Pineapple Cup</p>	<p><b>22</b> Chicken Masala Rice Pilaf Mixed Vegetables Birthday Sweet Grape Juice</p> <p><b><u>Birthday Celebration</u></b></p>	<p><b>23</b> <b>Thanksgiving Holiday</b></p>  <p><b>Senior Nutrition Program Closed</b></p>	<p><b>24</b> <b>Thanksgiving Holiday</b></p>
<p><b>27</b></p>	<p><b>28</b> BBQ Chicken Roasted Potatoes Mixed Vegetables Applesauce Cup</p>	<p><b>29</b> Meatloaf w/ gravy Garlic Mashed Potatoes Green Beans &amp; Diced Tomatoes Sweet Treat &amp; Juice</p>	<p><b>30</b> Chicken Stew Buttered Shells Chuck Wagon Vegetables Fresh Orange</p>	<p><b>Senior Nutrition Program</b> 81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p> <p>(24hr voice mail available)</p> <p>www.tvcca.org</p>