

# Pomfret Senior Center

207 Mashamoquet Rd., Pomfret Center, CT



September 2017

## Tuesday, September 5th, 12th, 19th, and 26th – 9:00-11:30-Chair Caning with Joe Doran

Join Joe Doran from the Lisbon Senior Center as he engages participants in caning chairs. Rolling enrollment available

## Wednesday, September 6th-- 10:30 - Senior Center Activity Planning Meeting

Help steer the activities at the center! Bring your ideas and help plan the activities at the center in the coming months!

## Wednesday, September 6th – 12:15– Movie “My One and Only”

An unusual road trip movie about a mother driving her two sons from New York to Pittsburgh to St. Louis and eventually Hollywood in her quest to find a man to take care of them all.

Stars: Rene Zellweger, Logan Lerman, Mark Rendall



## Wednesday, September 13th- 12:00 - Birthday Celebration

Mary and Myra have birthdays in November, do you? Come celebrate with us! Cake and a song will help us celebrate September birthdays! If you would like to add your birthday to the list, please see Jim Jutras.

## Tuesday, September 19th– 12:30– Trivia

Get your thinking caps ready and join us in some trivia!

## Wednesday, September 20th– 12:15– Movie “The Family Man”

A fast-lane investment broker, offered the opportunity to see how the other half lives, wakes up to find that his sports car and girlfriend have become a mini-van and wife.

Stars: Nicolas Cage, Tea Leoni, Don Cheadle



## Thursday, September 21st– 10:30– Blood Pressure Clinic

The Pomfret Senior Center will be offering free Blood Pressure Screening starting at 10:30am. Please stop by to have your blood pressure checked, catch up with some old friends as well as make a few new ones.



## Thursday, September 21st– 11:30– End of Summer Picnic

Join us as we celebrate the ending of a spectacular summer, and welcome in the cool crisp air, and tasty treats of fall

## Thursday, September 28th– 12:30– Heirlooms

Do you have something special, unique or antique that is special to your family? If so bring it in to share, discuss and talk about. You never know what you will get to see, experience and learn about!

### *Ongoing Programs:*

- *Tai Chi Continues on Tuesdays at 10:30.*
- *Our Walking Club meets at 10:30 on Wednesdays, come stroll the Airline Trail!*
- *BINGO, SETBACK & CRIBBAGE for your playing enjoyment and competitive spirit*



## **Energy Assistance**

TEEG will be assisting the ACCESS Agency in processing Energy Assistance applications for the heating season from now through March 2018. If you are in need of assistance, we encourage you to call the office at 860-923-3458 to schedule an appointment. It is highly encouraged to make an appointment soon in order to receive assistance beginning November 15<sup>th</sup>.



**HEATING  
ASSISTANCE**

Programming at the Pomfret Senior Center is funded in part by Senior Resources with Title III Funds through the Older Americans Act

Pomfret Senior Center  
c/o Pomfret Town Hall  
5 Haven Rd.  
Pomfret Center, CT 06259  
Phone: 860-928-7459  
TEEG: 860-923-3458