



TVCCA SENIOR CAFE MARCH 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1 Lemon Garlic Chicken Roasted Potatoes Broccoli Fresh Fruit</p>	<p>2 Meatball Grinder w/ 6" sub roll Mozzarella Cheese Italian Vegetable Medley Pears w/ mandarin oranges</p>  <p>*deadline for St. Patricks meal sign up.</p>	<p>3 Chicken Paprika Parsley Potatoes Capri Vegetable Medley Pineapple Cup</p>	<p>4</p>
<p>7</p> 	<p>8 Salisbury Steak w/ gravy Mashed Potatoes Stewed Tomatoes Fruit Cocktail</p>	<p>9 Southwestern Crusted Cod Rice Pilaf Broccoli Fresh Fruit</p>	<p>10 BBQ Pulled Pork w/ roll Roasted Potatoes Snap Peas Applesauce Cup</p>	<p>11</p>
<p>14</p>	<p>15 Glazed Ham Scalloped Potatoes Green Beans Pineapple Cup</p>	 <p>16 Corned Beef & Cabbage Mashed Potatoes Baby Carrots Cranberry Juice Irish Soda Bread</p> <p>*reservation deadline 3/2 See site server for details <u>St. Patricks Celebration \$4.50</u></p>	<p>17 Chicken Parmesan Penne Pasta w/ marinara Winter Blend Peach Cup</p>  <p>St. Patrick's Day</p>	<p>18</p>
<p>21</p> 	<p>22 Creamy Chicken Alfredo w/ pasta Peas Baby Carrots Cupcake Orange Juice</p> <p><u>Birthday Celebration</u></p>	<p>23 Meatloaf w/ gravy Mashed Potatoes Green Beans & Diced Tomatoes Peach Cup</p>	<p>24 Tuscan Baked Chicken Seasoned Rice Chuck Wagon Medley Fresh Orange</p>	<p>25 Good Friday</p>  <p>Program Closed</p>
<p>28</p> 	<p>29 Pub Burger w/ bun Roasted Potatoes Mixed Vegetables Peach Cup</p>	<p>30 Cheeseburger Noodle Casserole Peas Carrots Pears w/ mandarin oranges</p>	<p>31 Cheese Manicotti w/ marinara Garlic Bread Long Bean Medley Grape Juice Sugar Cookie</p>	<p>1% milk and whole grain bread are served with each meal. Menu is subject to change with out notice.</p>