



TVCCA SENIOR CAFÉ MENU ~ JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TVCCA Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p> <p>(24hr voice mail available)</p>	<p>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice</p>			1
4 4	5 <u>Ethnic Celebration</u> Steak Fajitas w/ cheddar cheese & flour tortillas Rice & Beans Mixed Vegetables Applesauce Cup Or Salad Choice: Mediterranean Salad w/ Grilled Salmon	6 Cheese Omelet Hash Brown Potatoes Stewed Tomatoes Fresh Fruit	7 Swedish Meatballs Buttered Shells Italian Vegetable Medley Pears w/ mandarin oranges 7	8
11	12 Western Omelet Roasted Potatoes Peas & Carrots Fruit Cocktail Or Salad Choice: Chopped Cobb Salad	13 Chicken Stew w/ diced vegetables Paprika Potatoes Green Beans Sweet Treat & Juice	14 Baked Haddock w/ salsa Spanish Rice Mixed Vegetables Diced Peaches	15
18 18	19 Meatballs Marinara Grinder w/ 6" sub roll & mozzarella cheese Chuck Wagon Vegetables Fresh Fruit Or Salad Choice: Vegetarian Hummus Salad	<p>HAPPY FATHER'S DAY</p> <p>19's Day Special Meal</p> <p>20 Salisbury Steak w/ mushroom gravy Garlic Mashed Potatoes Garden Salad; Whole Wheat Roll Brownies & Juice</p>	21 Chicken & Broccoli Alfredo Baked Ziti Peas & Carrots Pineapple Tidbits	22
25 25	26 Stuffed Shells w/ marinara Carrot Coins Sugar Snap Peas Pears w/ mandarin oranges Or Salad Choice: Mediterranean Salad w/ Grilled Salmon	27 Chicken Sausage & Peppers Grinder Roll & Cheese Zucchini & Yellow Squash Sweet Treat & Juice	28 Lemon Herb Haddock Roasted Potatoes 5-Way Vegetable Medley Applesauce Cup	29