

**Pomfret Senior Center Activity Calendar**  
**General Hours: 12-4 pm Monday & Tuesday**  
**12-6 pm Wed.\*, Th., Fri.**  
**Phone: 860-928-7459**

Hours vary with posted activities

**NEW WEBSITE WITH LOTS OF INFO: WWW.POMFRETCT.GOV**

**~ December 2013 ~**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b> Key Gym 10 am <b>1:30 GLASS BLOCKS CLASS</b>  Food Pantry 5:30-6:30	<b>3</b> <b>Sr. Association Mtg.</b> <b>12:00 Pot Luck</b>  Cards/Games	<b>4</b> <b>Fitness Class 9am</b> Dominoes 2:00  <b>Program Comm.Mtg.</b> <b>9am @ Seely Brown</b>	<b>5</b>  Bingo for Fun 1:30  Cards/Games	<b>6</b> Key Gym10am <b>Movie at 1:30</b> <b>"The Hobbit"</b> <b>Open Sew</b> <b>6-8:30 \$5.00</b> <b>Trip to Atheneum &amp; Festival of Trees</b>	<b>7</b>
<b>8</b>	<b>9</b> Key Gym 10 am <b>1:30 TRIM THE TREE</b> Food Pantry 5:30-6:30	<b>10 12:00</b> <b>TEEG Holiday Party w/Ted Reynolds</b>  Food Pantry 11:30-12:30  Cards/Games	<b>11</b> <b>Fitness Class 9am</b> Dominoes 2:00	<b>12</b>  Bingo for Fun 1:30  Cards/Games	<b>13</b> Key Gym10am <b>Movie at 1:30</b> <b>"My Lost Valentine"</b>  <b>Open Sew</b> <b>6-8:30 \$5.00</b>	<b>14</b>
<b>15</b>	<b>16</b> Key Gym 10 am  Food Pantry 5:30-6:30	<b>17</b> <b>TEEG Learn @ Lunch w/Learning in Retirement</b>  Food Pantry 11:30-12:30  Cards/Games	<b>18</b> <b>Fitness Class 9am</b> <b>Trivia 1:30</b> Dominoes (after Trivia)  <b>Sr. Advocate Commission Meeting</b> <b>7pm @ Sr. Ctr.</b>	<b>19</b>  Bingo for Fun 1:30  Cards/Games	<b>20</b> Key Gym10am  <b>Movie at 1:30</b> <b>"Bush Christmas"</b>  <b>Open Sew</b> <b>6-8:30 \$5.00</b>	<b>21</b>
<b>22</b>	<b>23</b> Key Gym 10 am <b>BLOOD PRESSURE 1:00</b>  Food Pantry 5:30-6:30	<b>24</b> Food Pantry 11:30-12:30  Cards/Games	<b>25</b> <b>***CLOSED***</b>	<b>26</b>  Bingo for Fun 1:30  Cards/Games	<b>27</b> Key Gym10am <b>Movie at 1:30</b> <b>"The Great Gatsby" (new version)</b>  <b>Open Sew 6-8:30 \$5.00</b>	<b>28</b>
<b>29</b>	<b>30</b> Key Gym 10 am  Food Pantry 5:30-6:30	<b>31</b> Food Pantry 11:30-12:30  Cards/Games	<b>Notes:</b> TEEG every Tuesday & Wednesday 9-12 for benefit counseling by appt . (at Sr.Center) Call 860-923-3458  ***NEW QUILTING CLASS STARTING JANUARY 9TH ***			

# Pomfret Senior Center Notes:

## New Programs:

1<sup>st</sup> Tuesday, December 3<sup>rd</sup>-POMFRET SENIOR ASSOCIATION Mtg. Pot Luck

December 5<sup>th</sup> at 5 pm is the Sr. Holiday Party at PCS. The Sr. Center will hold theirs on Tuesday, Dec. 10<sup>th</sup> along with TEEG.

Every WEDNESDAY-FITNESS CLASS w/Terry Viani 9-10 am

Every Friday @ Methodist Church, 53 Grove St., Putnam -Community Café FREE LUNCH 11:30-1:30

## On Going Programs:

Wii Bowling happening at the Center when there are enough people interested. Come on down, get a little exercise and have some fun.

Friday Afternoon Movies: A movie is shown on Fridays at 1:30pm. Movies are chosen with input from seniors. Make your suggestions known and come and join the fun. Selections are shown only if available and are posted on the Events Board at the Center.

Key Gym: Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

Bingo for Fun: Bingo is still a big draw with everyone having a fun time. John Carter calls the games and seems to come up with at least one new game every week or so. These can be challenging.

Cards, Games & Good Company -As always, card games are extremely popular, along with jigsaw puzzles , Mexican Train (very popular!!!), Crokinole (when available) and just plain socializing. The Center is open until about 6 pm on Wednesdays\*, Thursdays and Fridays (\*except the 4<sup>th</sup> Wed. 'til 5 pm)

Seniors, please stop in to see what is going on and join in the activities. Sign up for a class or event on the bulletin board. If you have any class or program ideas, we would love to hear about them and will try to set them up for all to enjoy.

Quilting, Knitting, Crochet- a group of folks meet every Thursday morning from 9:30-12 am. There was a quilting class beginning Thursday, Sept. 19<sup>th</sup> from 9:30am-noon and Friday eves from 6:00-8:30pm Sept. 20<sup>th</sup>. Open sew alternates weeks but folks are still encouraged to join us and do their own kind of "stitching". Only \$5.00 for quilting lessons per class. Look for details or call Susan LaRose at 860-974-0494. \*\*\*\*\*We will NOT meet only on Thursday mornings during the month of December but will resume with a new quilting class on January 9<sup>th</sup> (Double Irish Chain) See Events Board for more details.\*\*\*\*\*Friday eves are still on 6:00-8:30 pm

Guitar Lessons-Free lessons on your own guitar; Saturdays at about 3:30 but you must call the Sr. Center to make arrangements and let it be known if you are interested. 860-928-7459 Ask for Gene.

Northeastern CT Transit District Call for a ride! 860-774-3902 Web Site: [www.NECTD.org](http://www.NECTD.org)  
e-mail: [rides@nectd.org](mailto:rides@nectd.org) \*On the 4<sup>th</sup> Wednesday of the month, the Sr. Center must close by 5:00pm.  
All other Wednesdays are open 'til about 6:00 pm

**NEW WEBSITE WITH LOTS OF INFO: [WWW.POMFRETCT.GOV](http://WWW.POMFRETCT.GOV)**  
**INCLEMENT WEATHER: IF SCHOOLS ARE CLOSED, THE SR. CENTER IS CLOSED; GO TO WEBSITE FOR WEATHER UPDATES**