

## Pomfret Senior Center Activity Calendar

General Hours: 12-4 pm Tuesday 12-6 pm Wed.\*, Th., Fri. Phone: 860-928-7459 Hours vary with posted activities

NEW WEBSITE WITH LOTS OF INFO: [WWW.POMFRETCT.GOV](http://WWW.POMFRETCT.GOV)

TEEG every Tuesday & Wednesday 9-12 for benefit counseling by appt. (at Sr. Center) Call 860-923-3458

### ~ February 2014 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> Pomfret Congregational Church 7am-11am
<b>2</b>	<b>3</b> Key Gym 10 am  Food Pantry 5:30-6:30  CENTER CLOSED	<b>4</b> Sr. Association Mtg. 12:00  Cards/Games	<b>5</b> Fitness Class 9am  TEEG Learn @ Lunch 12:00  Dominoes 2:00 Program Comm.Mtg. 10:15am @ Seely Brown	<b>6</b> QUILTING CLASS 9:30-12 noon  Bingo for Fun 1:30 Cards/Games	<b>7</b> Key Gym10am Movie at 1:30 "Pay It Forward" QUILTING CLASS 6pm-8:30	<b>8</b>
<b>9</b>	<b>10</b> Key Gym 10 am  Food Pantry 5:30-6:30 CENTER CLOSED	<b>11</b> Food Pantry 11:30-12:30  Cards/Games	<b>12</b> Fitness Class 9am Dominoes 2:00	<b>13</b> OPEN SEW 9:30-12 noon  Bingo for Fun 1:30  Cards/Games	<b>14</b> Key Gym10am Movie at 1:30 "The Lost Valentine" OPEN SEW 6pm-8:30 VALENTINE'S DINNER 5PM \$5.00 @SEELY BROWN	<b>15</b> Pomfret Congregational Church 7am-11am
<b>16</b>	<b>17</b>  CENTER CLOSED  PRESIDENT'S DAY	<b>18</b> Food Pantry 11:30-12:30 Cards/Games	<b>19</b> Fitness Class 9am TEEG Learn at Lunch 12:00 TRIVIA 1:30 Dominoes 2:00 Sr. Advocate Commission Meeting 6pm @ Sr. Ctr.	<b>20</b> QUILTING CLASS 9:30-12 noon  Bingo for Fun 1:30 Cards/Games	<b>21</b> Key Gym10am  Movie at 1:30 "Walking Tall 1"  QUILTING CLASS 6pm-8:30	<b>22</b>
<b>23</b>	<b>24</b> Key Gym 10 am  Food Pantry 5:30-6:30  CENTER CLOSED	<b>25</b> Food Pantry 11:30-12:30 Cards/Games	<b>26</b> Fitness Class 9am Dominoes 2:00	<b>27</b> OPEN SEW 9:30-12 noon  Bingo for Fun 1:30  Cards/Games	<b>28</b> Key Gym10am Movie at 1:30 "Westside Story"  OPEN SEW 6pm-8:30	<b>Notes:</b> <a href="http://WWW.POMFRETCT.GOV">WWW.POMFRETCT.GOV</a>

## Pomfret Senior Center Notes:

**New Programs: \*\*\*BEGINNING FEBRUARY 3<sup>RD</sup>, THE SR. CENTER WILL BE CLOSED ON MONDAYS\*\*\***

TEEG Learn at Lunch dates: February 5<sup>th</sup> and 19<sup>th</sup> at 12:00

Friday, Feb. 14<sup>th</sup> Valentine's Dinner at Seely Brown 5pm \$5.00 Pomfret Residents (\$10.non) RSVP to events board

**On Going Programs:** 1<sup>st</sup> Tuesday, February 4th-POMFRET SENIOR ASSOCIATION Mtg.

Every WEDNESDAY-FITNESS CLASS w/Terry Viani 9-10 am

**Wii Bowling** happening at the Center when there are enough people interested. Come on down, get a little exercise and have some fun.

**Friday Afternoon Movies:** A movie is shown on Fridays at 1:30pm. Movies are chosen with input from seniors. Make your suggestions known and come and join the fun. Selections are shown only if available and are posted on the Events Board at the Center.

**Key Gym:** Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

**Bingo for Fun:** Bingo is still a big draw with everyone having a fun time. John Carter calls the games and seems to come up with at least one new game every week or so. These can be challenging.

**Cards, Games & Good Company** -As always, card games are extremely popular, along with jigsaw puzzles , Mexican Train (very popular!!!), Crokinole (when available) and just plain socializing. The Center is open until about 6 pm on Wednesdays\*, Thursdays and Fridays (\*except the 4<sup>th</sup> Wed. 'til 5 pm)

Seniors, please stop in to see what is going on and join in the activities. Sign up for a class or event on the bulletin board. If you have any class or program ideas, we would love to hear about them and will try to set them up for all to enjoy.

**Quilting, Knitting, Crochet-** a group of folks meet every Thursday morning from 9:30-12 am. There are two new quilting classes that started Thursday, January 9th from 9:30am-noon (Double Irish Chain) and Friday eves, January 10<sup>th</sup> (Log Cabin) from 6:00-8:30pm. Open sew alternates weeks and folks are encouraged to join us and do their own kind of "stitching". Only \$5.00 for quilting lessons per class. Look for details or call Susan LaRose at 860-974-0494. See Events Board for more details. \*\*\*\*\*

\*\*\*\*\*Pomfret Congregational Church will be using the Center on the first and third Saturdays from 7 am until 11 am\*\*\*\*\*

Northeastern CT Transit District Call for a ride! 860-774-3902 Web Site: [www.NECTD.org](http://www.NECTD.org) e-mail: [rides@nectd.org](mailto:rides@nectd.org)

\*On the 4<sup>th</sup> Wednesday of the month, the Sr. Center must close by 5:00pm. All other Wednesdays are open 'til about 6:00 pm

**INCLEMENT WEATHER: IF SCHOOLS ARE CLOSED, THE SR. CENTER IS CLOSED; GO TO WEBSITE FOR WEATHER UPDATES**