

# Facing Homelessness?

## Need help right now?

### Dial 2-1-1

Anyone seeking shelter in Connecticut must connect directly with 2-1-1 before receiving help.

2-1-1 is your one-stop connection to the local services you need, housing, utility assistance, food, childcare, after school programs, elder care, crisis intervention and much more. 2-1-1 is always ready to assist you find the help you need. Dial 2-1-1 or [search online](#).

<https://www.211.org/#>

### List of Emergency & Transitional Shelters in CT

Here is a list of [Emergency Shelters in CT](#).

<https://www.homelessshelterdirectory.org/city/ct>

You can also view a list of emergency shelters on [2-1-1's Housing webpage](#) for additional information and updates.

Link to

Access

[https://accessagency.org/access\\_program/homelessness-prevention-services](https://accessagency.org/access_program/homelessness-prevention-services)

TEEG

<https://www.teegonline.org/case-management-services/homeless-support>