



# TVCCA SENIOR CAFE JUNE 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Western Omelet Roasted Potatoes Peas &amp; Onions Pears</p>	<p>2 Tuscan Baked Chicken Rice Pilaf Capri Vegetable Fresh Orange</p>	<p>3</p>
<p>6</p>	<p>7 Sweet &amp; Sour Pork Steamed Rice Diced Carrots Pears w/mandarin oranges</p>	<p>8 Swedish Meatballs Buttered Noodles Chuck wagon Vegetables Applesauce Cup</p>	<p>9 Chicken Curry Rice Casserole Black Beans Carrot Coins Cranberry Juice Danish <b>Ethnic Meal</b></p>	<p>10</p>
<p>13</p>	<p>14 Breaded Pork Chop Mashed Potatoes Chuck wagon Vegetables Grape Juice Cup Cake <b>Birthday Celebration</b></p>	<p>15 Meatball Grinder w/sub roll &amp; Mozzarella Cheese Italian Vegetable Medley Fresh Pear</p>	<p>16 Lemon Garlic Chicken Rice Pilaf Stewed Tomatoes Fruit Cocktail</p>	<p>17</p>
<p>20</p>	<p>21 Beef Hot Dog w/roll Baked Beans Coleslaw Peach Cup</p>	<p>22 Glazed Ham Scalloped Potatoes Broccoli Fresh Banana</p>	<p>23 Mexican Cod Spanish Rice Chuck wagon Vegetables Pineapple Cup</p>	<p>24</p>
<p>27</p>	<p>28 Beef Stew Buttered Noodles Winter Vegetable Medley Fresh Orange</p>	<p>29 Southwestern Crusted Cod Rice Pilaf Broccoli &amp; Carrots Grape Juice Oatmeal Cookie</p>	<p>30 Chicken Parmesan Penne Pasta Long Bean Medley Applesauce Cup</p>	<p>1% milk and whole grain bread are served with each meal. Menu is subject to change with out notice</p>