

Pomfret Senior Center

May 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 11:00-3:00- Pomfret Senior Association	3 10:30-Tai Chi 12:30 -Activity Planning Meeting	4 10:15-Walking Club 12:30-Birthday Celebration	5 10:00 – Yoga 12:30- Movie	6	7
8	9	10 10:30-Tai Chi 12:30- Gardening Discussion	11 10:15-Walking Club 12:30-Trivia	12 12:30- Bingo	13 14 May Movies Friday, May 5 th - Where the Heart Is Friday, May 19 th -One True Thing	
15	16	17 10:30-Tai Chi 12:30-Family Heirlooms	18 10:15-Walking Club 12:30- Book Club	19 10:00 – Yoga 12:30- Movie	20	
22	23	24 10:30-Tai Chi 12:30-Planting the raised beds	25 10:15-Walking Club 12:30-Trivia	26 12:30- Bingo	27 *Lunch is served at 11:30 daily *Details on all programs and movie titles are available in the May Newsletter	
29	30	31 10:30-Tai Chi				

Phone Number 860-928-7459

207 Mashamoquet Road, Pomfret Center, CT 06259

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