

**Pomfret Senior Advocate Commission  
Program Committee Meeting  
Wednesday, November 7, 2012**

Meeting Called to Order at 9:13

Present: Susan LaRose, Liz Cartier, Gail McElroy, Cathy Grant and Maureen Nicholson

Various suggestions were discussed.

**December:**

Painting Class - Seniors loved this class. We would like to hold another painting class on December 7<sup>th</sup>. Class size has been increased to eight. Cost for this class is \$30. Would the Commission consider subsidizing the cost for Pomfret residents? We propose \$30 for non-residents and \$15 for residents.

**January Suggestions:**

- Chair Yoga - Central Physical Therapy would like to hold a Chair Yoga class. They have a DVD they can show. This would be free.
- Coins & Currency had a great turnout. We'd like to do this again in the coming months.
- Wadsworth Atheneum - Admission to the museum is \$8 for seniors. Parking is \$3 the first hour and \$2 for each additional hour in the Front Street garage. There is a café. Hours are 11-5. Would the Commission consider subsidizing this trip? Options: 1-pay the admission, 2-pay for the van, 3-pay full price.
- Allen Brandt - Allen is a musician from Massachusetts who has a one hour show. He sings, plays guitar & banjo, tells stories and encourages singing along. The cost is \$140. He has some dates open in January.
- Civil War Lecture - Sue mentioned a gentleman who gives talks on the Civil War. We ask him to come. Maureen mentioned it could be tied in with the Pomfret 300.
- Stew & Story - Betty used to do a Stew & Story at the Center. Could we consider reinstating this monthly activity?
- Fundraising - We discussed possibly having a soup & story fundraiser. We collect crockpots and offer several different soups. Job Lot has inexpensive melamine bowls that we can purchase for less than \$1. We charge \$5 per person and they can keep the bowl. We can also have rolls or crackers. Soups can be purchased at BJ's.

The next meeting of the Program Committee will be on Wednesday, December 5<sup>th</sup> at 10:00 at the Pomfret Senior Center. We will present programs for February 2013 at the December meeting.

Meeting was adjourned at 10:55

Respectfully submitted,

Cathy J. Grant  
Program Committee Head