

**Pomfret Senior Advocate Commission  
Program Committee Meeting Minutes  
Wednesday, October 2, 2013**

Meeting Called to Order at 9:10 am

Present: Cathy Grant, Liz Cartier, and Gail McElroy

Approved the September 4, 2013 Minutes

Old Business:

Turkey Dinner

- Deb's Place now has a contract with Rogers Corp. to supply a daily lunch for their employees. She may not be able to do a dinner for the Center.
- Gail spoke to G-7 Caterers and they gave a price of \$16.95 per person. The Committee feels that is too expensive.
- Liz is going to speak to Jessica Tuesday's to see if they are interested and Cathy is going to speak to Senior Food & Nutritional Services. The guidelines for the quotes are for 40 people - turkey, mashed potato, gravy, stuffing, cranberry sauce, veggie (green beans, butternut squash etc) as well as pumpkin & apple pies.

New Business

Glass Block – Sybil indicated that her daughter is interested in doing the glass block class again this year. She is on vacation the first two weeks of December so we'll have to schedule it for after she returns. Last year's price was \$11 and PSAC subsidized \$5 for Pomfret residents. Does the Commission want to maintain the \$5 subsidy? We suggest a sign-up sheet in November to see if anyone is interested in taking the class.

Trim the Tree - We'd like to have the Trim a Tree again this year. Jeanette was nice enough to volunteer to head this and we'd be happy if she'd like to do it again this year. Seniors will put up the Center's tree, decorate it and have refreshments. Last year we gave \$25 for refreshments. Does the Commission want to do that again this year?

Christmas Party – Last year we had our party immediately following the TEEG Learn at Lunch. We provided the pies and had a raffle for a door prize. Thanks to Liz, there were other items donated too. Would the Commission like to do this again this year?

New Year's Eve Party – Last year Sue asked the Commission to approved \$200 for a New Year's Party. It was approve and Sue did a great job throwing that party. The Program Committee recommends that PSAC pay \$100 toward the party and participants bring dishes too making it more of a Pot Luck. Does the Commission want to have another party this year?

Exercise Class – we are all thrilled that this is such a popular activity. We highly recommend that we continue this class for another 8 week session. We suggest charging participants \$16 for the next session. This is \$2/week per person per week. This is very affordable for the seniors. We'd like to suggest that Terri bill us the \$280 and have seniors make the checks payable to Town of Pomfret. When we submit the checks we direct the Town of put all extra funds back into the reserve fund to replenish the moneys we've spend on the two tables and the civil war dinner.

Tai Chi – Gail had a flyer for a Tai Chi class that would cost each participants \$10/week/class. The instructor wants the class to be held twice a week. The Program Committee feels that this is too expensive and will not recommend it to the Commission.

The next meeting of the Program Committee will be on Wednesday, November 6th at 10:15 at Seely-Brown Village.

Meeting was adjourned at 11:00

Respectfully submitted,  
Cathy J. Grant, Program Committee Head